## Skilled Facilitator Series

### Series Part One - 75 minutes
- **Audience**: Encouraged for student leaders or groups who regularly lead meetings, facilitate activities, or serve in mentoring capacities.
- **Overview**: In this series, participants will develop facilitation and debriefing skills, practice the art of co-facilitation, and develop dialogue facilitation skills.

### Series Part Two - 90 minutes
- **Audience**: Encouraged for student leaders or groups who regularly lead meetings, facilitate activities, or serve in mentoring capacities.
- **Overview**: In this series, participants will develop facilitation and debriefing skills, practice the art of co-facilitation, and develop dialogue facilitation skills.

## Intro to Leadership

### One-Time Session - 60 minutes
- **Audience**: Encouraged for all students, clubs, groups, and organizations as a foundational introduction to leadership education and the LeadUM model.
- **Overview**: In this session, participants will define what it means to lead, explore core values, and map their leadership actions to align with their values.

## Empowerment

### Leading Through Change

- **One-Time Session - 90 minutes**
- **Audience**: Recommended for student leaders or groups who are navigating transition and seeking support through some type of personal or group change (i.e. office transition, changing majors, exec board changes, etc.)
- **Overview**: In this session, participants will discuss transition, explore individual difference in response to transition, and develop tools for responding to change.

## Solving Leadership Challenges

- **Retreat-Style - 3 Hours**
- **Audience**: Offered to student organizations, teams, or groups who are seeking support in overcoming intragroup tensions or challenges.
- **Overview**: At this retreat-style session, groups will name organizational tension, explore adaptive leadership skills, and develop strategies for personal and group responses to stressors.

## Team Leadership

### One-Time Session - 90 minutes
- **Audience**: Encouraged for new clubs, groups, and organizations as a foundational introduction to leadership and establishing team dynamics.
- **Overview**: In this session, participants will establish group community standards, identify personal and group values, and align those values with team’s vision, mission, and purpose.

## Inclusive Leadership

- **One-Time Session - 90 minutes**
- **Audience**: Encouraged for all who seek to create more inclusive spaces on campus and in their communities.
- **Overview**: In this session, participants will define inclusive leadership, understand the role of social identity in leadership, and challenge themselves and others to interrupt marginalizing behaviors.